

* SAFETY EDUCATOR

A Family Fire & Life Safety Education Newsletter



When It Comes to Your Family..

DON'T LEAVE FIRE & LIFE SAFETY TO PURE LUCK...

March 15-21st: POISON PREVENTION WEEK

LAUNDRY LIQUID PACKETS



Young children are explorers, and as they develop, they often learn by touch and by putting things into their mouths. Liquid laundry detergent packets are designed to dissolve in water, so when they come in contact with wet hands or mouths they start to dissolve and might release the concentrated liquid inside. We want to encourage our kids to explore and discover new things; we just need to be careful to keep them safe. Here are a few tips to show you

- Keep liquid laundry packets out of children's reach and sight.
- Keep packets in their original container and keep the container closed.
- If a child gets into them, call the Poison Help number immediately.

POISON PREVENTION TOP TIPS



- Store all household products and cleaning solutions out of children's sight and reach. Young kids are often eye-level with items under the kitchen and bathroom sinks.
- Read product labels to find out what can be hazardous to kids. Dangerous household items include makeup, personal care products, plants, pesticides, lead, art supplies, alcohol and carbon monoxide.
- Make sure that all medications, including vitamins and adult medicines, are stored out of reach and out of sight of children.
- Put the toll-free number **Poison Help Number 1-800-222-1222** into your home and cell phones. You should also post it near your phone and/or on your refrigerator for the babysitter. Hopefully you'll never need it, but it's nice to have just in case.











MICROWAVE COOKING SAFETY

Spring is here and so is the busy family schedule as we run here and there with all the fun outdoor activities. With busy lives, families rely on the microwave oven as a quick way to heat up a meal, warm up a drink or defrost dinner. While the convenience of the microwave oven is something we take for granted, safety should not be. By following a few simple safety tips you can prevent painful burns and possible fires.



- Purchase a microwave oven that has the label of an independent testing laboratory. Make sure to complete and return the product registration card. This way the manufacturer can reach you if there is a recall on the product.
- LEARN MORE
- Plug the microwave oven directly into the wall outlet. **NEVER** use an extension cord.
- Make sure the microwave oven is at a safe height, within easy reach of all users.
- Food heats unevenly in microwave ovens. Stir and test before eating or giving to children.
- Never heat a baby bottle in the microwave. Since a microwave oven heats unevenly, it can create hot pockets that could leading to burns. Warm a bottle in a bowl of warm water — not hot or boiling.
- Avoid letting young children use the microwave oven.
- Always supervise older children when they are using a microwave oven.
- Open food slowly, away from the face. Hot steam or the food itself can cause burns.
- Use only microwave-safe food containers or dishes. Never use aluminum foil or metal in a microwave oven.
- Should a fire start in the microwave:
 - 1. leave the door closed.
 - 2. turn the microwave oven off.
 - 3. unplug the microwave.

Should the fire not go out after following these steps, have everyone leave the residence, go to the designated meeting place and call 9-1-1.





The NH State Fire Marshal's Office, in conjunction with the NH Fire Prevention Society, would like to thank ALL of the students who participated in the 8th Annual Fire and Life Safety Calendar Contest, as well as the supportive parents and teachers. Winners have been notified. We look forward to celebrating your artistic talent and important safety messages in the upcoming school year calendar.



by: Hunter LaRoche, New Hampton Community School

Hunter would like to remind NH citizens to be safe in the kitchen. Some of his helpful tips are:

- 1. have a lid nearby to smother grease fires.
- 2. keep (pan) handles facing inward.
- 3. keep kids away from the stove and oven.

Thank you Hunter for these very good and important reminders!









NFPA Safety Tips - Cooking Safety





BARN FIRE PREVENTION AND SAFETY

Each year, barn fires rack up millions of dollars in loss and take the lives of thousands of animals. In minutes, a barn fire can wipe out the hard work of generations of dedication to breeding, production, showing and training programs. Due to the extent of damage, the cause of a barn fire is often undetermined. Of those where a cause was determined, electrical and heating appliances are the leading causes of barn fires. The good news...barn fires are preventable and can often be avoided with simple maintenance steps. Visit these three links below to learn more.









CHICKEN COOP SAFET



Raising chickens has become quite popular here in New Hampshire. Hobby farmers enjoy raising chickens as pets and/or livestock. Protect your home, property and flock with these safety tips. Be sure to check with your home insurance agency before starting this hobby at home.

SAFETY TIPS

- Properly secure heat lamps to avoid them from being knocked over. Do not rely just on lamp clamps.
- Keep heat lamps and space heaters away from anything that can burn.
- Place space heaters on a sturdy surface so they can't get knocked over.
- To avoid fire, do not allow other animals to roam freely near heat lamps and space heaters.
- A couple of chickens can create a lot of dust. Dust regularly and be sure to remove cobwebs off heat lamps and light bulbs to avoid risk of fire.
- Choose light fixtures and/or bulbs with covers. This will protect them from dirt, moisture, and breaking.
- Do not use extension cords in a chicken coop.
- Use only electrical equipment made for agricultural or commercial use.
- Be careful with electrically heated poultry waterers. Make sure the cord and plug are properly grounded.
- Check all wiring regularly for damage.
- Have electrical work done by a qualified electrician.
- Choose outlets and switch boxes designed to keep out dust and water.

SAFE HAY AND BEDDING STORAGE

- Store baled hay away from livestock. Hay and bedding storage should not be near anything that can burn.
- Most cities and towns have rules on animal housing facilities. Contact your local fire department with additional questions or concerns.





Paul J. Parisi **NH State Fire Marshal**



DIVISION OF FIRE SAFETY

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Message from Marshal Parisi:

On Sunday, March 7th we sprung our clocks ahead one hour for daylight savings time. If you have not done so already, please take a few minutes today to check the batteries in every smoke and carbon monoxide (CO) alarm in your home. This will ensure that they are working properly and if they are not you need to change the batteries. Did you know that smoke alarms only have a 10-year lifespan? You can check the age of your alarm by looking at the underside of the unit for a date of



manufacture. If you are unsure of a devices age, then REPLACE that unit with a new alarm. I would like to stress how vital it is that your home is equipped with properly located, installed and working smoke and CO alarms. If an alarm sounds, respond quickly – get up and go, remember to know two ways out of every room and have an escape plan. Once outside go to your meeting place with your family and call 9-1-1.

As we begin to prepare for spring activities and schedules, I ask that you take a moment to read this newsletter and consider what you can do to ensure your home, family, visitors and even livestock remain safe. Often times we do not consider how to keep our barns fire safe, but most barn fires are preventable with proper maintenance. Should you have any fire and life safety questions please do not hesitate to contact your local fire department or the NH State Fire Marshal's Office.

> Paul J. Parisi **NH State Fire Marshal** Find Us on the Web: www.nh.gov/firesafety nixle

If you **see** something, **say** something' REPORT SUSPICIOUS ACTIVITY or your local police department







"If you see something, say something" is a national campaign that raises public awareness of the indicators of terrorism and terrorism-related crime, as well as the importance of reporting suspicious activity to state and local law enforcement. **LEARN MORE**

K9, Student and Parent Approved Websites:

While we encourage students to disconnect and enjoy safe outdoor play we understand that sometimes the weather just doesn't cooperate. So when it comes to computer time try any one of these child friendly fire and life safety websites! Just click a picture to open the link and explore. Have fun learning to be safer!









