### 19th-Century Medicinal Choices in Rochester: A Look at Medicine Bottles from the Wentworth Homestead Site at Strafford Square

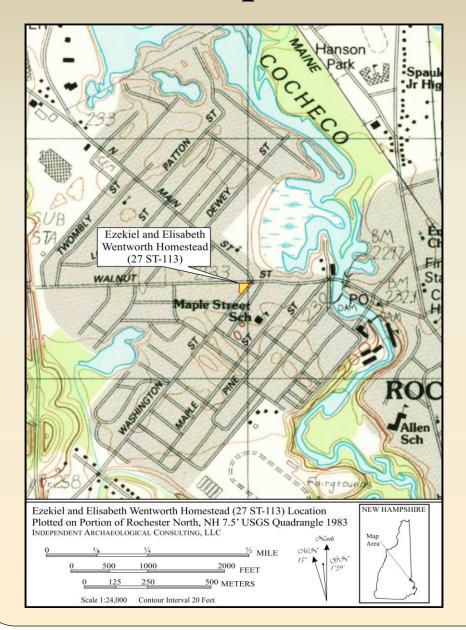


Presented by Ellen Marlatt Independent Archaeological Consulting, LLC

> Rochester Historical Society 58 Hanson Street, Rochester, NH March 14, 2019



### Strafford Square Intersection Improvements



Ezekiel and Elisabeth Wentworth Homestead (27-ST-113)

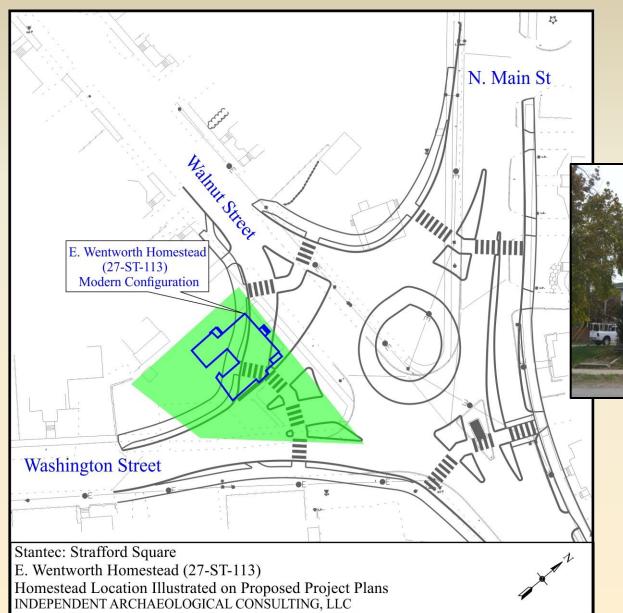
## ALTERNATIVE MITIGATION 2015





Funding by the City of Rochester and the FWHA; overseen by NHDOT (14350)

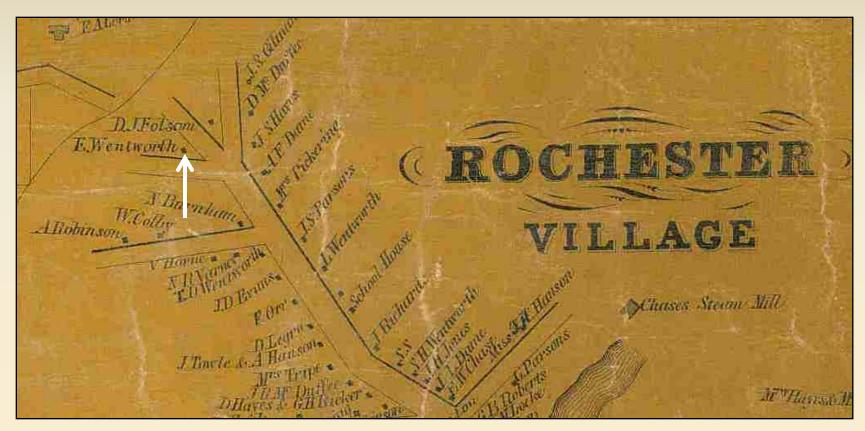
### Strafford Square Intersection Improvements



2-4 Walnut Street Rochester, NH

2015

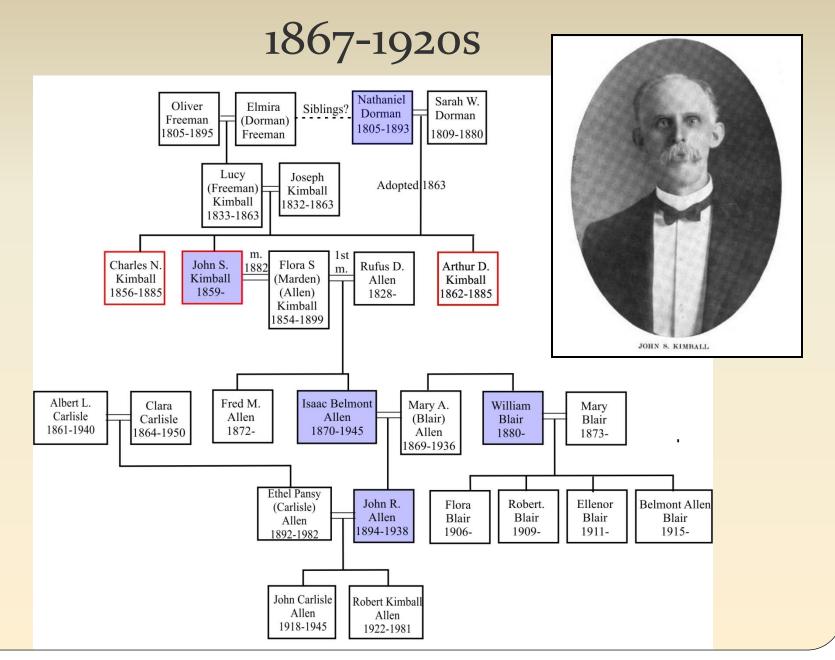
### Ezekiel and Elisabeth Wentworth Homestead (27 ST-113)



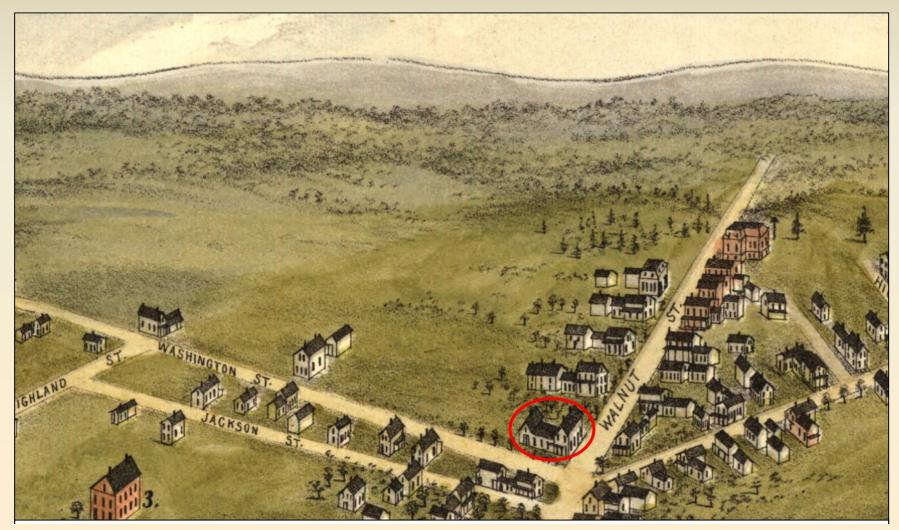
Built ca. 1853

Ezekiel Wentworth (1824-1905) Elisabeth Wentworth (born 1833) 2 young daughters Chace 1856

### Dorman-Kimball-Allen Families

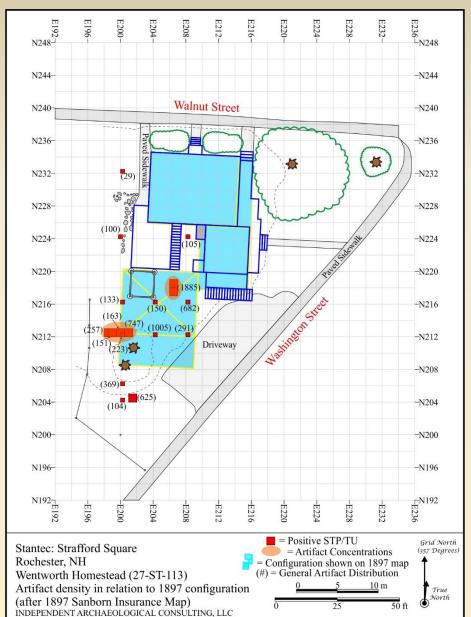


### Wentworth House in 1877



Dr. Nathaniel Dorman and family, farming 105 acres

### Excavations – May/June 2015





2-4 Walnut Street



Phase IB and Phase II

11 shovel test pits

6 test units

### Excavations - May/June 2015

Dense artifact concentrations

7,019 artifacts Late 19<sup>th</sup>- to Early 20<sup>th</sup>-century



Trench N212 E198 showing layered deposits (stratigraphy) and dense artifact concentration

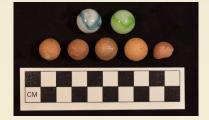


## 7,019 Artifacts



















### Alternative Mitigation Plan



### 44 Medicine Bottles

#### Research Questions:

- •19<sup>th</sup>-century medical choices in Rochester?
- Proprietary medicine availability and cost?
- •Which used by Wentworth site residents?

### Medical Choices



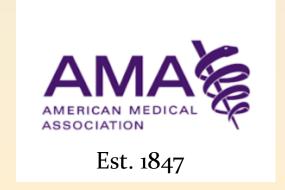
- Regular
  - Allopathic medicine
- Irregular
  - Homeopathy
  - ❖ Botanical medicine
  - Patent and Proprietary Medicine

### Regular or Allopathic Physician

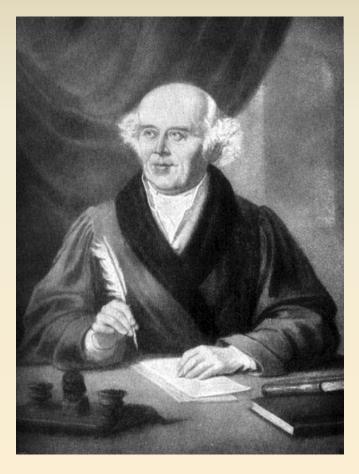




Cathartics (laxative)
Emetics (to induce vomiting)
Bleeding



### Homeopathy (like cures like)

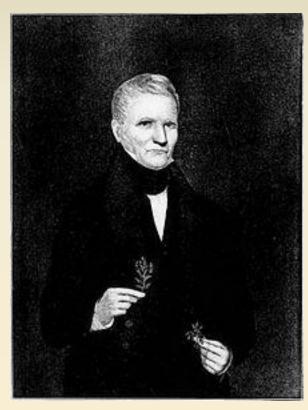




Introduced to US 1825

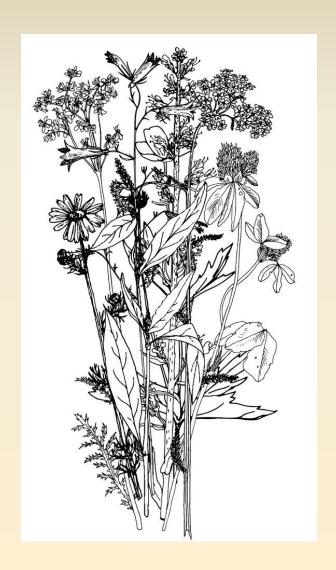
Samuel Hahnemann (Germany 1796)

### **Botanical Medicine**

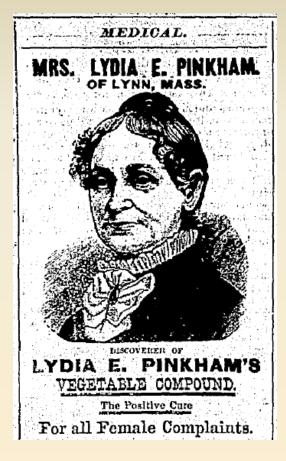


Samuel Thomson, herbalist

"Botanic Family Physician" (1825)



### Patent and Proprietary Medicines

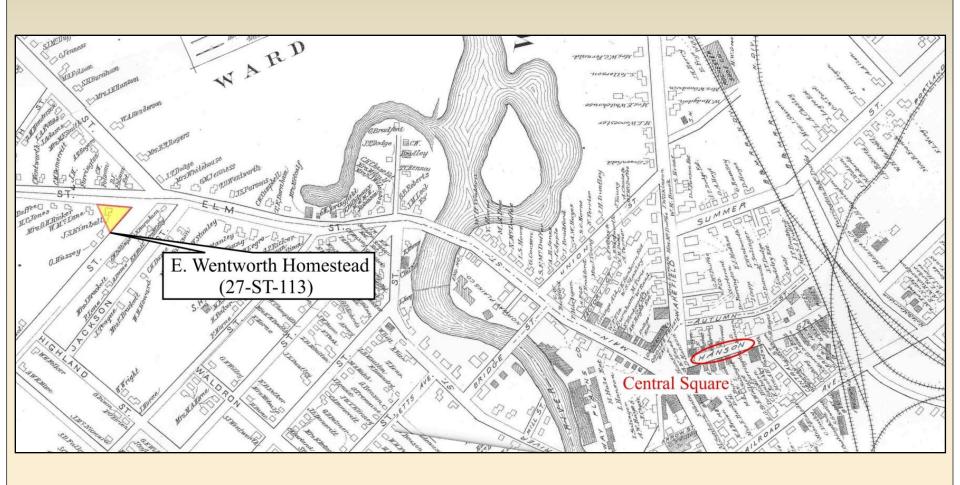


\$1- \$2

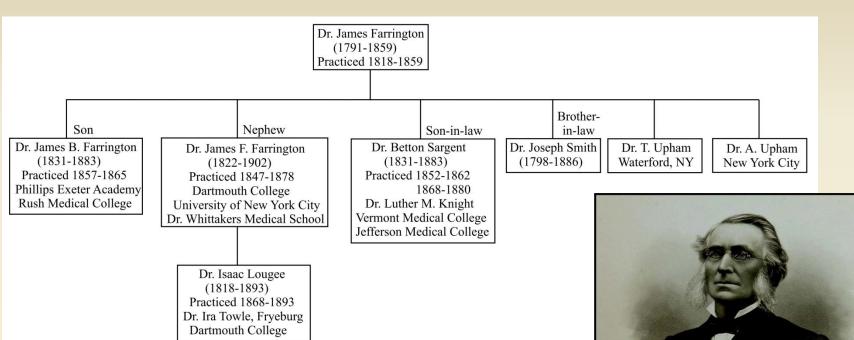




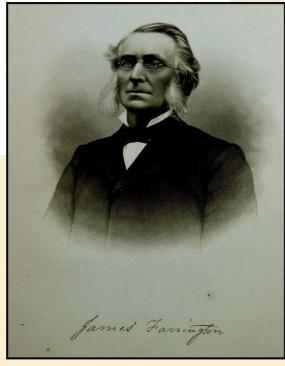
### Rochester's Medical Marketplace



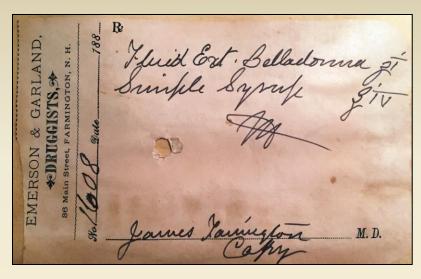
### Rochester's Medical Lineage



Dr. James Farrington, mentor



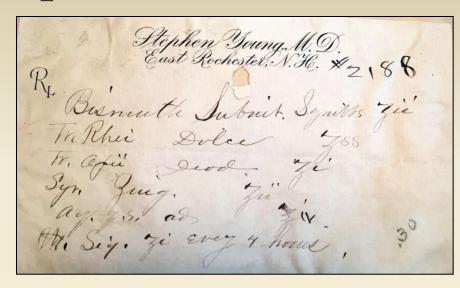
### Prescriptions



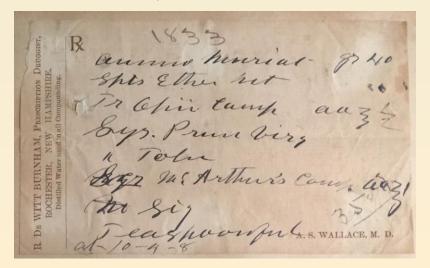
Rx from Rochester physician James Farrington M. D., 1880s

10 - 35 cents

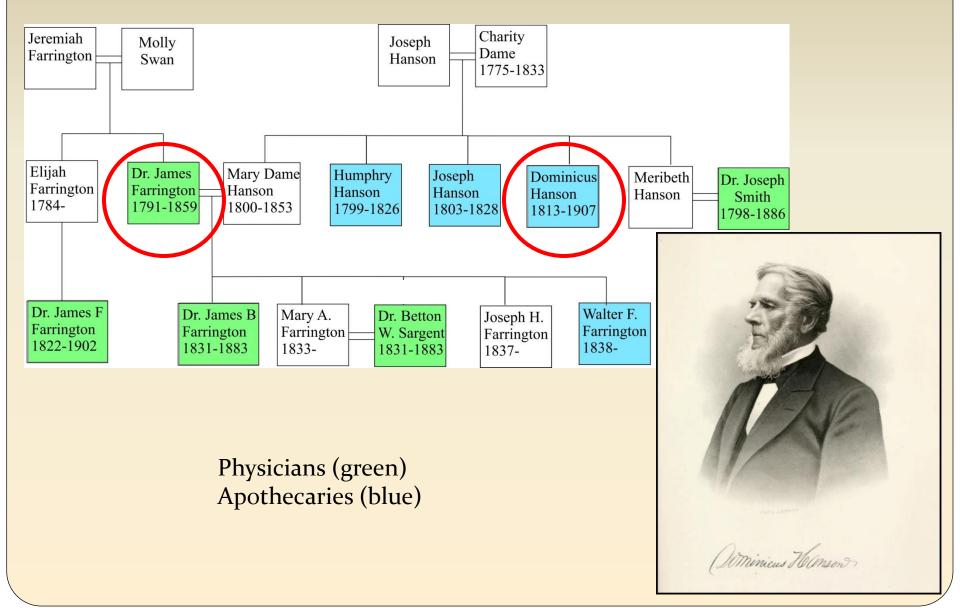
Prescription written on R. DeWitt Burnham pharmacy pad, 1890s



Rx from Stephen Young M.D., East Rochester, 1890s

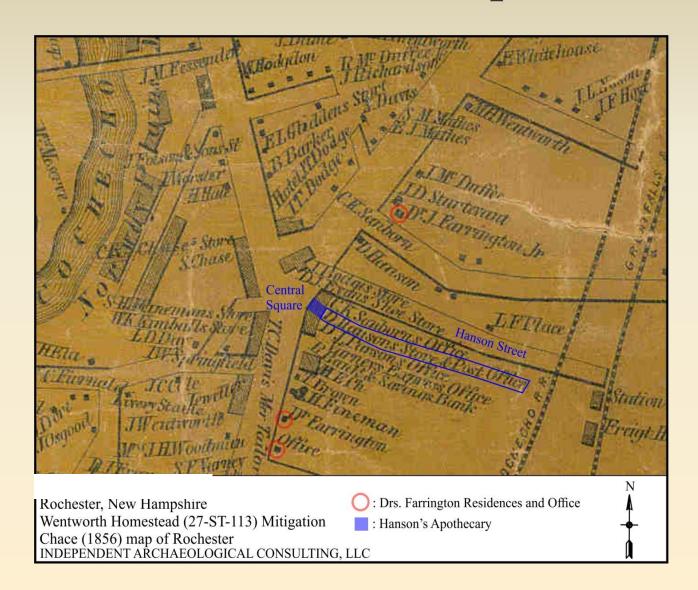


### Farrington and Hanson Family Connection



## Doctor's Offices and Apothecaries

1856

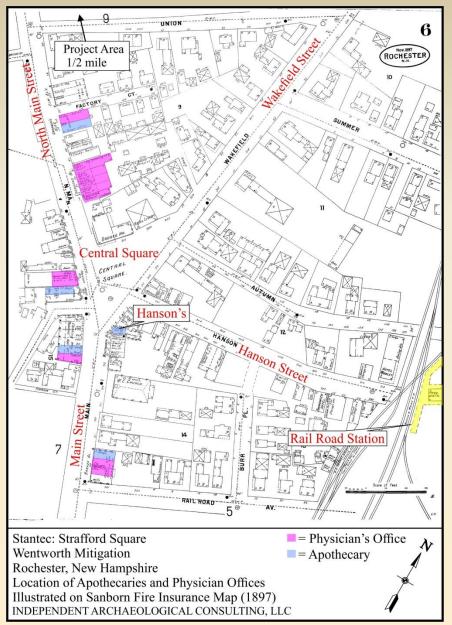


### Apothecaries



Cobb Drug Store on North Main Street

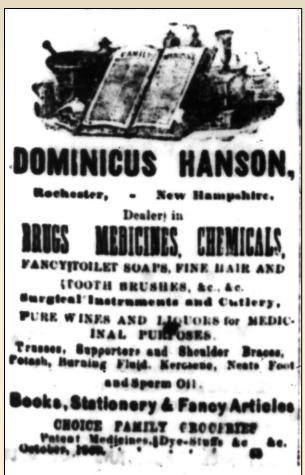
Directory year	Number of physicians	Number of apothecaries	Rochester population
1871	6	11	4103
1882	8	4	5784
1897	11	5	7396
1902	13	8	8466



### Hanson's Drug Store

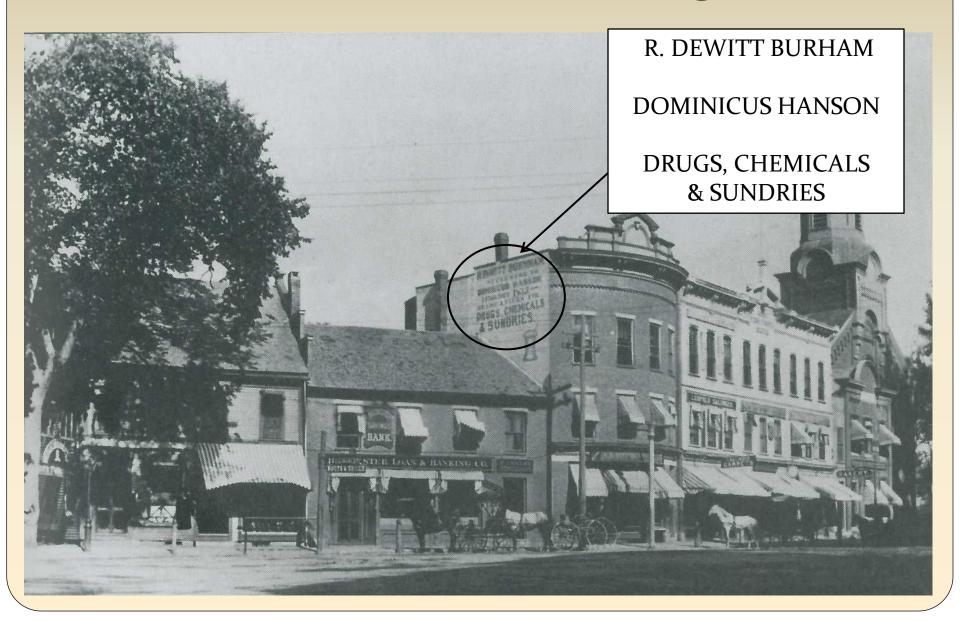


Main Street before 1868

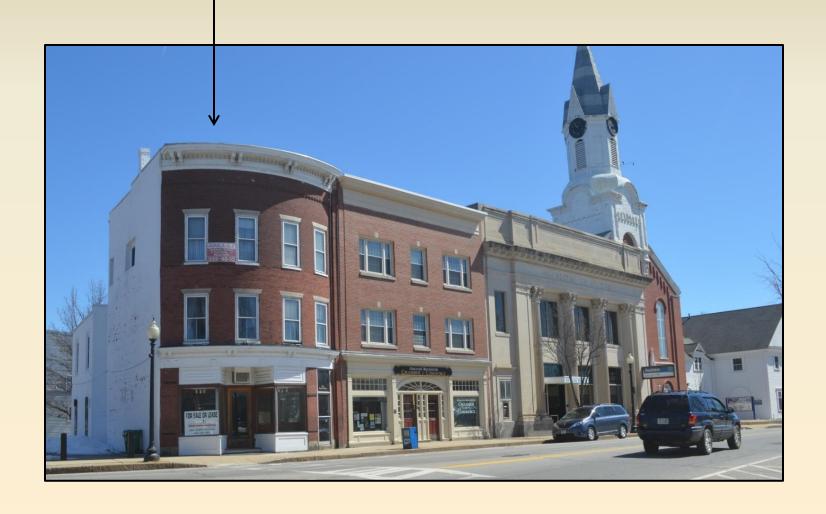


Rochester Courier, 1873

## DeWitt Burnham's Drug Store



## Former Drug Store, today



# Competition in the Medical Marketplace:

**Proprietary Formulas** 

### DON'T BE DECEIVED.

### DeWitt's Headache Powders

are gaining in popularity every day, and we are constantly getting calls and mail orders for them saying that "They are the only r'owders that cure" and "they stopped my headache in very few minutes," etc.

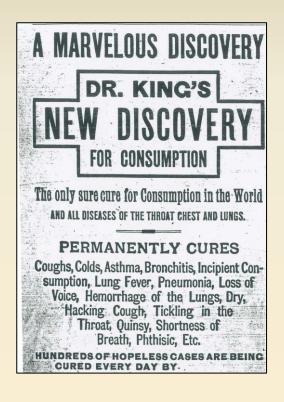
Right here we want to tell you why we don't want you to be deceived. We are told, from authentic and reliable sources, that certain druggists in this city are putting out a Headache Powder and telling the people that "They are just the same Powder as Burnham's and made after the same formula."

This statement we pronounce as utterly false, as we are ready to prove it so, and defy any druggist in this city to give the formula of our Headache Powders. We know they can't because they don't know it, although they claim to. They do this to sell their own and profit by the reputation that ours has justly earned.

Respectfully,

R. DeWITT BURNHAM.

### Patent and Proprietary Medicines



**\$1- \$2** 



### A Word About Alcohol....

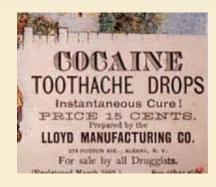


- Low cost
- Widely available
- More frequent use during and after Civil War
- Spirits regularly given to hospital patients

### Pure Food & Drug Act of 1906

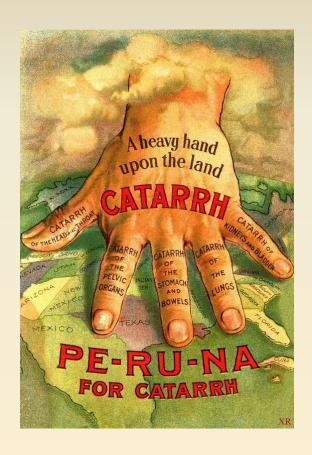
- Response to rapid rise of patent medicine industry, which doubled every 10 to 15 years
- 50,000 different patent medicines by 3,000 manufacturers by early 1900s
- Industry worth \$75 million (\$2 billion in current dollars)
- Challenge broad claims
- Addictive ingredients alcohol, cocaine, opium





## Pure Food & Drug Act of 1906

- Act required listing ingredients
- Regulated against making misleading statements
- Many counterclaims and lawsuits taking years to implement
- Swift impact growth ceased
- 1/3 of manufacturers out of business by 1916







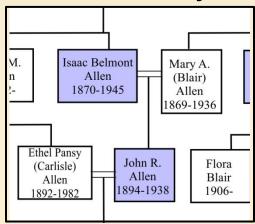
Vessel			
Form	Shape	Commercial Mark	Total
	Chamfer-cornered		
Bottle	Square	none	4
Bottle	Cylindrical	none	4
Bottle	Ovoid	none	6
Bottle	Ovoid w/ flat sides	none	3
Bottle	Rectangular	none	11
Vial	Cylindrical	none	2
Bottle	Ovoid	Dr. Hubbard's Vegetable Disinfectant	2
Bottle	Rectangular	California Fig Syrup Co. San Francisco, CA	1
	Chamfer-cornered	George E. Fairbanks Worcester, Mass- Children's	
Bottle	Rectangle	Comfort	1
Bottle	Cylindrical	John Wyeth & Bro	2
Bottle	Cylindrical	Johnson's American Anodyne Liniment	2
Bottle	Ovoid	Lydia E. Pinkham's Vegetable Compound	1
		Mellin's Infant's Food- Doliber Goodale Co.,	
Bottle	Cylindrical	Boston	1
Bottle	Ovoid	Milk of Magnesia	1
	Chamfer-cornered		
Bottle	Square	Paine's Celery Compound	1
Bottle	Rectangular	Twitchell Champlin & Co- Neuralgic Anodyne	1
Bottle	Rectangular	Wyeth & Bro. with dose cap	1
			44

Duanuis town Madiaina Nama	Approximate	Cost per
Proprietary Medicine Name	Date	bottle
California Fig Syrup Co. San		
Francisco, CA	1880-1890	50 cents - \$1
Children's Comfort / George E.		
Fairbanks Worcester, Mass	1890s	
John Wyeth & Bro	1872-1907	variable
Wyeth & Bro. with dose cap	1899+	variable
Johnson's American Anodyne		
Liniment	1890s	25-35 cents
Lydia E. Pinkham's Vegetable		
Compound	1876-1920	\$1
Mellin's Infant's Food- Doliber		
Goodale Co., Boston	Post 1890	75 cents
Milk of Magnesia	Post 1906	50 cents
Dr. Hubbard's Vegetable Disinfectant	1895+	\$1-\$2
Paine's Celery Compound	Post 1882	60 cents
Twitchell Champlin & Co- Neuralgic		
Anodyne	1883-1930s	25 cents

"safe and reliable remedy for all ailments of children and a sure prevention of Cholera"



Children's Comfort





California Fig Syrup Co., est 1879

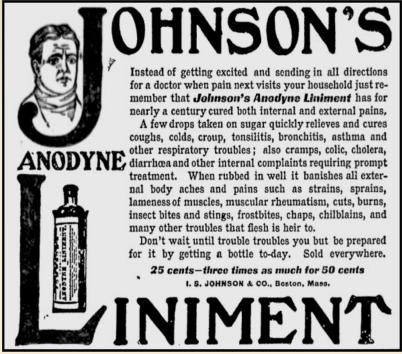
"effective laxative to cure habitual constipation and many ills" \$.50 to \$1/bottle 6% alcohol



1880s to 1900

1810-1930s





"For coughs, colds, grippy cold, colic, asthmatic distress, bronchial colds, nasal catarrh, cholera morbus, cramps, diarrhea, bruises, common sore throat, burns and scalds, chaps and chafing, chilblains, frost bites, muscular rheumatism, soreness, sprains and strains."

Waterford and Bangor, Maine

main ingredients – morphine and alcohol

Ether "must be kept well corked"



Lydia Pinkham's "Vegetable Compound"

Trademarked 1876

Lynn, Massachusetts

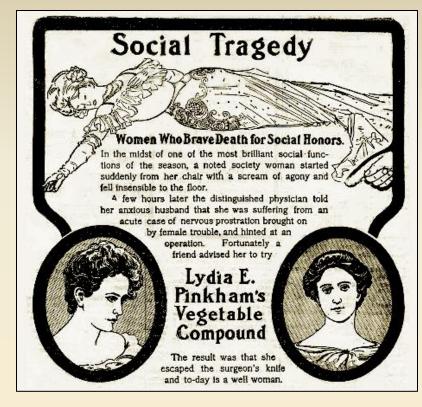
Addressed "problem" of female debility and nervousness

15% alcohol

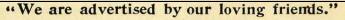
Survived 1906 Food & Drug Act – produced into the 1930s



\$1 bottle







GIVE THE BABY

### Mellin's Food

If you wish your infant to be well nourished, healthy bright, and active, and to grow up happy, robust, and vigorous.

The BEST FOOD for Hand-fed Infants, Invalids, Convalescents, Dyspeptics, and the Aged is

### MELLIN'S FOOD

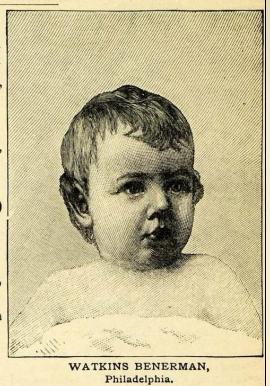
For Infants and Invalids.

Our Book for the instruction of mothers,

### "The Care and Feeding of Infants,"

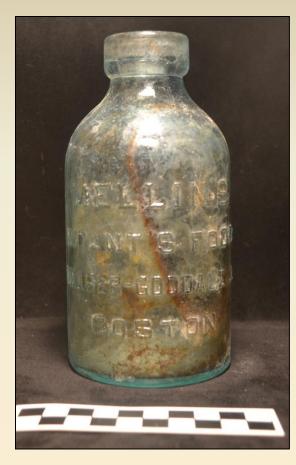
will be mailed free to any address upon request.

DOLIBER-GOODALE CO., BOSTON, MASS.



1880 - 1906, Boston

Powdered formula to be diluted with water or milk for infants and invalids.



75 cents/bottle



PAINE'S CELERY COMPOUND Strengthens Racked Nerves.

Adj. S. W. Groomes, 140 East Jones St., Dayton, Ohio, writes:

"I had great relief from Paine's Celery Compound last December. While living in Columbus I took a heavy cold that resulted in the grip. I suffered intense pain with my head for three nonths. No medicine seemed to do me any good until I began using Paine's Celery Compound All the suffering in my head was soon gone, and I have Celery Compound alone to thank for my sure."

Suffering has its first effect upon the nerves. When the body is not sustained by nerve energy, indigestion, slow circulation of the blood, and an impoverished system result. "Celery Compound Cures Disease of the Nerves, Kidneys, Liver, Stomach, and Bowels, and acts as a Blood Purifier and Tonic to the Central System"





1882 – early 1900s
Allegedly containing traces of cocaine

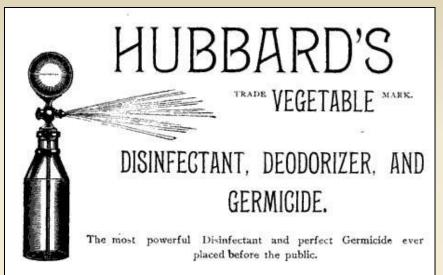


Twitchell Champlin & Co Neuralgic Anodyne



1883-1930s

25 cents for small bottle



Extracts from Dr. H. C. Clapp's Paper, N. E. Medical Gazette, November, 1888:—

"The recommendation is made entirely without Hubbard's knowledge. I expect it to in no wise effect the fact that for each bottle I use, I pay him full retail price."

"It is, however, as a remarkable deodorizer that I particularly desire to call your attention to this substance; and as such, of course, it can be easily tested by all people with average olfactories; for bad smells, like the poor, we have with us always."

85% alcohol

\$1.25 to \$2.00/bottle (with atomizer)

Dr. Hubbard's Vegetable Disinfectant, and Germicide 1880s to early 1900s

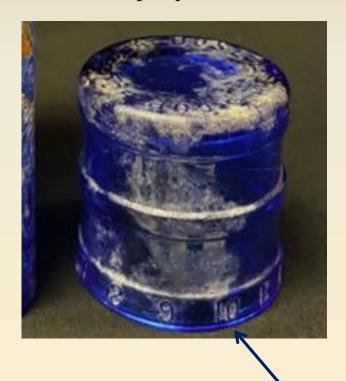
"Useful in the treatment of throat, nose and troubles of the catarrhal nature. An antiseptic spray or lotion for cuts, wounds, burns, bites of insects, etc"





### JOHN WYETH & BRO

forerunner to major pharmaceutical company, Pfizer.

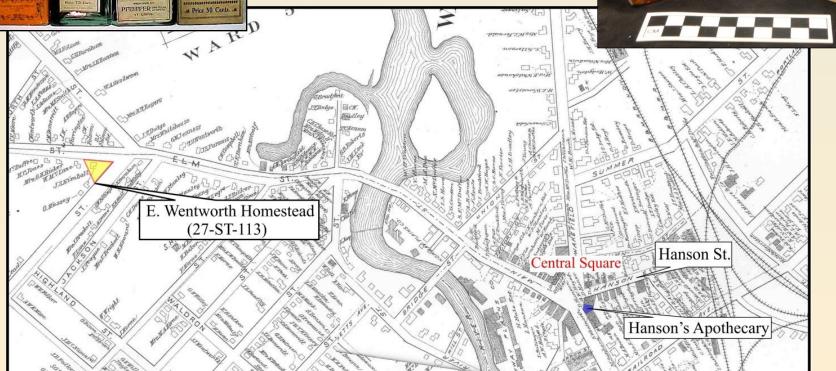


Dosage cap with embossed numbers indicates time of next dose.

## Dorman-Kimball-Allen Families 1867-1920s



Consumer choices...



### Educational Materials Rochester Middle School



### Educational Materials Rochester Middle School



Exhibit case and educational posters for Social Studies curriculum (pictured – Ellen Marlatt of IAC and RMS teacher, Nichole Gallagher)